





# Sports Illustrated

Photography by Chad Wadsworth

Real Austinites show us how it's done with four fresh ways to get a workout outside of the gym.

## **Becky Beaver's Basketball**

I started shooting baskets at an earlier age, but I really started learning how to play in the 4th grade. Since I'm still learning how to play, it has been a good thing I started early. I learned to like it better than other sports because I had a better early understanding of it. I don't profess to be very good at the game, but it has been my primary form of aerobic exercise for my whole life. I play as part of our long running pick up game at Fulmore Junior High School twice a week. When our Senior Olympic team is competing, I'll sometimes play another time per week. On our Senior Olympic team, all of the members are over 50. In our pickup game, which has up to 120 participants who show up, we range in age from 17 to 58. Most of the women playing now are in their 20s and 30s and played some level of college ball. The pickup game has been running off and on since some of us were no longer eligible to play intramurals at UT, which I would like to say was only a couple of years ago, but was actually over 34 years ago. There is one woman against whom I played intramural ball 34 years ago who also still plays. People come and go and return to the game through the years. We have had this current pickup game running at Fulmore for more than 16 years. The folks at Fulmore have been very supportive of our game. There isn't another game anywhere that brings as many women from as many walks of life together. There is something I like about every person who plays, and I have learned something valuable from every one of them. I would never have had the opportunity to spend time with them or to get to know them without this game.

*Becky Beaver is one of the top family law attorneys in the state. For more information on getting into the long-running pickup game, ask Becky if you see her out and about.*